

**NATIONWIDE  
EASTERN REGION  
ATHLETICS  
CHAMPIONSHIPS  
FOR  
DISABLED PEOPLE  
2010**

Saturday 15<sup>th</sup> May 2010  
Chelmsford

**ORWELL PANTHER ATHLETES'  
RESULTS**



**(IN CONJUNCTION WITH THE  
EAST REGION DISABILITY ATHLETICS FORUM – ERDAF)**

Jessica Lake	F	SENIOR	SLD	BALL THROW	2	10.96
				STANDING LONG JUMP	1	1.03
				100m	1	19.8
Paul Mitchell	M	SENIOR	SLD	SHOT	5	3.43
				BALL THROW	3	12.81
				STANDING LONG JUMP	9	0.62
Andrew Brooks	M	SENIOR	SLD	JAVELIN	2	10.98
				SHOT	1	4.28
				DISCUS	1	11.06
Max Lake	M	U20	SLD	STANDING LONG JUMP	2	1.42
				400m	3	1.22.8
				BALL THROW	1	22.1
Montell Leslie	M	U16	MLD	LONG JUMP	11	1.54
				SHOT	3	6.50
				100m	6	21.1
Andrew Davis	M	U16	MLD	SHOT	4	6.21
				LONG JUMP	6	3.64
				100m Heat 1	1	14.4
				100m Final	1	13.8
Daniel Todd	M	U18	MLD	LONG JUMP	3	2.72
				200m	3	36.2
				100m	4	17.4
Peter Barkley	M	SENIOR	SLD	SHOT	3	3.84
				STANDING LONG JUMP	4	1.50
				100m Heat 2	3	17.8
				100m Final	5	17.5
Oliver Minns	M	U20	A/37	JAVELIN	1	18.42 B3
				LONG JUMP	1	3.98 B2
				400m	1	1.05.5
				200m	1	28.9
Olivia Abbott	F	U16	P/13	LONG JUMP	1	2.69
				400m	1	1.42.6
				100m	2	18.5
Dan Baltadonis	M	SENIOR	MLD	SHOT	6	2.30
				STANDING LONG JUMP	1	1.19
				100m	7	22.8