

All Ability Challenge Cup 2011

Essex Athletics Open Event

For all people with disabilities from 8 to 99 years

Team and Individual Competitions
Within the Spirit of UKA Rules

Saturday, 16th April 2011

10 am to 4 p.m. (finishing time is an approximation)

**Venue: Mark Hall Athletics Track, Mark Hall Sport
Centre, London Road, Harlow, CM17 9LR**

**Events: Long Jump / Distance Club / Shot / T Javelin / Grip Ball / 60m /
100m / 200m / Relay / Boccia / plus a 800m Manual Wheelchair Guest Event**

Entry: £4 per athlete (under 18 yr olds)
and £6 per athlete (18 +)

Closing Date: 24th March 2011

To take part please complete and return the entry form on the reverse of this Flyer
Teams are asked to bring a minimum of 2 volunteer officials to help with this event.
Volunteers would be warmly appreciated on the day to assist with a variety of tasks.

For more information contact : Helen Offord, Community & Leisure Policy Officer,
Harlow Council 01279 446417 Email : helen.offord@harlow.gov.uk

With Funding Support from Essex Legacy



Challenge Cup 2011 - 16th April 2011 - Team Registration Form - (for Team managers to complete, as applicable)

Name of Club / School _____ Name of Team Manager _____

Name of Team Official/s _____

Tel No: _____ Mobile No: _____ Email: _____

Please enclose £4.00 per person under 18 and £6 per person if 18 and over, Please make cheques payable to All Ability Sports & Leisure. Return this form with individual consent forms (see page 4) to: AAS&L c/o Helen Offord, Leisure Services, Harlow Council, Civic Centre, The Water Gardens, Harlow, CM20 1WG

Fee enclosed : _____ (Please make cheques payable to All Ability Sports & Leisure)

	Name of Athlete	Age	M/F	Disability Description	Disability Category (See page 3)
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ALL ABILITY CHALLENGE CUP 2011 ATHLETICS

CATEGORY OF DISABILITY

Category	Possible Conditions	Description
0	No disability	
1	Electric or manual Wheelchair User (Cerebral Palsy Quadriplegia)	Poor sitting balance. Poor trunk control. Extremely hard to move unaided. Poor control in four limbs. Difficulty in gripping objects. Great difficulty in moving around on
2	Manual Wheelchair User (Cerebral Palsy, Paraplegia Polio, Spina Bifida, Amputee)	Can have poor sitting balance. Slight or good leg movement (with some hip movement). Leg amputee who competes in a wheelchair. May have very slight weakness in arms.
3	Ambulant Cerebral Palsy	Able to walk aided/unaided. Can use crutches or other support. Difficulty in controlling all four limbs. When running the child looks floppy. May be effected in all limbs.
4	Ambulant Cerebral Palsy	Can only balance unaided on one leg. Affected on one side. Seen to have a limp when walking / running.
5	Ambulant Cerebral Palsy	Able to walk well but one side may look weaker.
6	Ambulant Amputee	Above or below knee amputee (either single or double leg). Arm amputee (either single or double arm).
7	Ambulant Blind or visually impaired	Blind or visually impaired athlete who can compete on their own or who may require assistance or guiding during activities.
8	Dwarf	Dwarf
9	Learning Disabilities	To include Severe Learning Disability, Profound and Multiple Learning Disabilities.
10	Learning Disabilities	To include Moderate Learning Disability.