

Try Sailing!

A chance to have a go at sailing with EAST

(the East Anglian Sailing Trust).



Disabled adults and their carers can book a half hour taster sailing session on the River Orwell near Ipswich on:

Saturday 26th April 10.00 – 16.00

For more information and to book your place contact:

Colin Williamson

01473 785600

keelboatsec@e-a-s-t.org.uk

EAST ANGLIAN SAILING TRUST

SUFFOLK YACHT HARBOUR

LEVINGTON

IPSWICH

IP10 0LN

www.e-a-s-t.org.uk

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