



WEST SUFFOLK ATHLETICS CLUB

Charity open meeting 2007

All proceeds to East Anglian Air Ambulance

Sunday 23rd September 2007

Held under UKA Rules



Surname: _____

Forename: _____

Date of Birth: _____

Age group: _____

Male Female

Address: _____



Postcode: _____

Phone Number: _____

Club (if applicable): _____

CLOSING DATE FOR ENTRIES: FRIDAY 7TH SEPTEMBER 2007

ENTRY COSTS: £4 FOR ONE EVENT, £7 FOR TWO EVENTS, £9 FOR THREE EVENTS AND £2 PER SUBSEQUENT EVENT FOR U20 AND SENIORS.

Cheques made payable to: West Suffolk A.C. Please send entry which **MUST** include a SAE (A5) with the entry to receive confirmation and event timetable to: Tania Spurling, 2 Hertford Close, Bury St Edmunds, Suffolk, IP32 6LY. Any questions please contact us at wsac2007@yahoo.co.uk

U11's, U13's, U15's, U17's can do a maximum of 3 events. (Please remember Under U13's and Under 15's can participate in either the 800m or 1500m but not both)

U20's can do a maximum of 5 Events, seniors are unlimited in events entered.

Events:	Please tick event/s to enter:				
70m Hurdles (U13G)	<input type="checkbox"/>	Long Jump (All age groups inc. U11s)	<input type="checkbox"/>	80m (U11s)	<input type="checkbox"/>
75m Hurdles (U15G, U13B)	<input type="checkbox"/>	Triple Jump (U15B, U17M, U20M SM, U17W, U20W and SW)	<input type="checkbox"/>	100m (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>
80m Hurdles (U17W, U15B)	<input type="checkbox"/>	High Jump (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>	200m (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>
100m Hurdles (U17W, U20W, SW, U17M)	<input type="checkbox"/>	Shot Putt (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>	300m (U17W)	<input type="checkbox"/>
110m Hurdles (U20M and SM)	<input type="checkbox"/>	Javelin (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>	400m (U15B, and U17, U20, Senior Men and Women)	<input type="checkbox"/>
	<input type="checkbox"/>	Discus (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>	600m (U11's)	<input type="checkbox"/>
	<input type="checkbox"/>	Turbo Javelin (U11's)	<input type="checkbox"/>	800m (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>
Entry fee enclosed: £ _____				1500m (U13, U15, U17, U20 and Senior)	<input type="checkbox"/>
				3000m (U17, U20, and Senior)	<input type="checkbox"/>

I am an amateur as defined by UKA and agree to abide by their rules. I understand that the organisers will not be liable for injury, loss, or damage to myself or property resulting from this event.

Signed: _____ (Parent/guardian if under 18) Date: _____

Thank you to our event sponsors:



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